

Things to Consider For New Volunteers

Items to Pack:

- Hat
- Water bottle
- Sunscreen
- First aid kit
 - Anti-diarrheal meds, neosporin, other meds you may want/need
- Thick sole shoes - this is a MUST
- Towels
- Headlamp or lantern
- Power adapters
- Power banks (there is no power ports at volunteer housing, only down at the centre)
- Basic bed linens provided (duvet, sheets, pillows) but may want extra depending on individuals needs/comfort
- Bug repellent clothing (certain situations will mean you cannot wear traditional bug repellent for the safety of our animals)

Environmental Conditions:

- Winter is the dry season, advisable to bring a fleece and windbreaker to cut against the cold winds
- Summer is wet season, make sure you bring a rain jacket & good waterproof clothing/shoes. This is also the time if year you will likely want bug repellent clothing for. We work rain or shine.

Work Conditions:

- Some tasks are very fun, exciting, and pleasant
- Some tasks will seem mundane, boring, or tedious
- ALL tasks are important and responsibility for all types of tasks must be shared equally or your stay at REST will be terminated with no refunds

Special Requirements for Certain Jobs

- Must have proof of rabies vaccine to work with certain rescues
- Certain jobs require a further knowledge and skill set to be obtained before the individual can personally do the task. In these circumstances you will be doing observational learning until the REST employee feels comfortable with you doing the task.